

SUMMER SAFETY TIPS

Driving Safety

- * Be well rested and alert, use your seat belts, observe speed limits and follow the rules of the road.
- * If you plan on drinking alcohol, designate a driver who won't drink.
- * Give your full attention to the road. Avoid distractions such as cell phones.

Grilling Safety

- * Always supervise a barbecue grill when in use.
- * Make sure everyone, including the pets, stays away from the grill.
- * Keep the grill out in the open, away from the house, the deck, tree branches, or anything that could catch fire.
- * Never add charcoal starter fluid when coals have already been ignited.

Water Safety

- * Do your part, be water smart! Ensure that everyone in the family learns to swim well.
- * Adults: actively supervise children; stay within arm's reach of young children and newer swimmers. And kids: follow the rules.
- * Don't fool with a pool: fence it in. Enclose your pool and spa with four-sided, four-foot fencing and use self-closing, self-latching gates.
- * Don't just pack it; wear your U.S. Coast Guard-approved life jacket

– always when on a boat and if in a situation beyond your skill level.
Inflatable children's toys and water wings can be fun, but they are no substitute for a life jacket and adult supervision.

Boating Safety

*ALWAYS wear a life jacket when boating or kayaking.

- Make sure the jacket is a proper fit for your size and weight
- Make sure the jacket is properly fastened

* When operating a motorized boat, know about carbon monoxide; this odorless, colorless poisonous gas is emitted by all combustion engines and onboard motor generators

*Wear sunscreen

*Don't drink and drive a boat; alcohol affects judgment, vision, balance and coordination

*Once on the water, use common sense; in a split second, a situation can arise or the weather can turn

*If you notice storm clouds, a sudden temperature drop or wind speed increasing, play it safe and get off the water

Information gathered from the following sources:

Memorial day weekend fun ahead; follow these Red Cross Safety Tips. Memorial Day Weekend Fun Ahead; Follow these Red Cross Safety Tips. (n.d.). Retrieved May 30, 2022, from <https://www.redcross.org/local/dc-va-md-de/about-us/news-and-events/press-releases/Memorial-Day-Weekend-Fun-Ahead-Follow-these-Red-Cross-Safety-Tips.html#:~:text=Follow%20these%20American%20Red%20Cross,holiday%20weekend%20has%20to%20offer.&text=%20Be%20well%20rested%20and%20alert,full%20attention%20to%20the%20road>.

Recreational boating: Stay safe on the water. National Safety Council. (n.d.). Retrieved May 30, 2022, from <https://www.nsc.org/home-safety/tools-resources/seasonal-safety/summer/boating>